



2026 Meals To-Go Storage and Preparation Instructions

Thank you for participating in our non-congregate summer meals to-go program! To ensure the best quality and safety of your meals, please follow these guidelines.

Important Food Safety Rules

- **The 2-Hour Rule:** Perishable foods (meat, cheese, cut fruits/veggies) must be eaten or refrigerated within **2 hours** of pick-up. If the temperature outside is above 90°F, this time drops to **1 hour**.
- **Discard Date:** All perishable items provided in this week's bundle should be consumed or discarded within **7 days** of pick-up.
- **Storage:** Keep cold foods at or below **40°F** and frozen foods at **0°F** or colder.

Storage Instructions

- **Fresh Fruit & Vegetables:** Wash all fresh produce under cool running water prior to eating.
- **Refrigerated Items (Yellow Bag):** Store in the refrigerator immediately upon arrival at home until ready to consume.
- **Frozen Entrees (Blue Bag):** Store in the freezer. Only thaw items you plan to eat within 24 hours.
- **Shelf Stable Items (Green Bag):** These items may be stored in a cool, dry place (pantry).
- **Milk (White Bag):** For best quality, place milk in the refrigerator at least 24 hours before drinking so it can be served chilled.

Cooking & Prep Instructions

- **Note:** Adult supervision is encouraged while using the oven. For food safety, all hot entrees should reach an internal temperature of **165°F**.
* An air fryer may be used in place of an oven. Adjust temp and time based on your specific air fryer.
- Please use the menu provided to see which items pair together for a complete meal.

For items picked up on: June 1, June 29 and July 27

Breakfast Items

Chicken Sausage Patty with Cheese on Maple Pancake Sandwich

Product is in ovenable film; it is not necessary to remove from film before heating.

CONVENTIONAL OVEN:

- FROM THAWED (preferred): Heat product at 350 degrees F for 10-12 minutes.
- FROM FROZEN: Heat product at 350 degrees F for 18-20 minutes.

Glaze Pull Apart Donut Holes

Thaw and serve.

Eggo French Toast Bites

Thaw at room temperature for 60 minutes. Serve within 1 hour of thawing.

Breakfast Pizza

CONVENTIONAL OVEN:

- Preheat the oven to 375°F.
- Place frozen pizza on a baking sheet or pizza pan.
- Bake for 20-23 minutes.

MICROWAVE:

- Remove pizza from clear wrap and place on a microwave-safe plate.
- Heat for 1 minute 45 seconds to 2 minutes 15 seconds.

Pancake Wrap

CONVENTIONAL OVEN:

- Preheat the oven to 350°F.
- Vent package by opening the sealed end before heating.
- Bake for 31-33 minutes.

MICROWAVE:

- Vent package by opening the sealed end.
- Microwave for 1 minute 15 seconds to 1 minute 25 seconds.

Muffintown Muffin

Thaw 2 hours at room temperature before serving.

Eggo Mini Cinnamon Waffles

CONVENTIONAL OVEN:

- Preheat the oven to 350°F.
- Place frozen pouches (picture side up) in a single layer on a baking sheet.
- Bake for 15-16 minutes.

THAW AND SERVE:

- Thaw pouches at room temperature for 60 minutes. Serve within 1 hour.

Lunch Items

Grilled Cheese

CONVENTIONAL OVEN:

- From Thawed: 350°F 12 Minutes.
- From Frozen: 325°F 18 Minutes.

MICROWAVE (FROM THAWED):

- Open one end of the package and place on a microwave-safe plate.
- Microwave for 40-50 seconds or until heated through.

Anytimer Cheese Pizza Lunch Kit

Hold in the refrigerator for 24 to 36 hours prior to serving for complete thawing. Keep refrigerated until served.

Turkey & Cheese Wedge

Hold in the refrigerator for 24 to 36 hours prior to serving for complete thawing. Keep refrigerated until served.

Anytimer Turkey & Cheese Kit

Hold in the refrigerator for 24 to 36 hours prior to serving for complete thawing. Keep refrigerated until served.

Rotisserie Chicken Breast with Mozzarella on Brioche Bun

For best results thaw 1 day before use.

CONVENTIONAL OVEN (FROM THAWED):

- Place the wrapped sandwich on a sheet pan.
- Heat at 350°F for 6-8 minutes.

Italian Combo Wrap

Keep frozen until ready to serve.

- Place wrapped product in refrigerator 24 hours before serving.
- Once thawed, wraps can be refrigerated for up to 7 days

Chili Cheese Burrito

For best results, heat from a refrigerated state. Internal temp should reach 160°F. Do not overheat above 165°F. Place burritos with the seam of wrapper facing down.

CONVENTIONAL OVEN (PREHEAT TO 300°F):

- **Refrigerated:** Heat for 13-15 minutes.
- **Frozen:** Heat for 24-28 minutes.

MICROWAVE:

- **Refrigerated:** Heat 45 seconds, rest 15 seconds, heat 15 seconds. Rest 1 min before eating.
- **Frozen:** Heat 50 seconds, rest 15 seconds, heat 30 seconds. Rest 1 min before eating.

Pillsbury Garlic Cheese Pullpart

CONVENTIONAL OVEN:

- Preheat the oven to 350°F.
- Place oven-safe package on an ungreased baking sheet.
- Bake for 14-16 minutes.

MICROWAVE OVEN:

- Place 1 pouch in microwave and heat for 50-60 seconds
- Let stand for 1 minute before removing.

Cheese Breadsticks

CONVECTION OVEN:

- Preheat the oven to 350°F, low fan.
- Place frozen breadsticks on a parchment- baking sheet.
- Bake for 13-15 minutes.

Turkey Ham & Cheese on Hawaiian Bun

CONVENTIONAL OVEN:

- Preheat the oven to 325°F.
- Place the thawed sandwich on a baking sheet.
- Bake for 18-20 minutes.

For items picked up on: June 15 and July 13

Breakfast Items

Breakfast Taco

CONVENTIONAL OVEN:

- Preheat the oven to 375°F.
- Place taco on a sheet pan.
- Heat for 7-9 minutes. Cool before eating.

Pillsbury Mini Cinni

CONVENTIONAL OVEN:

- Preheat the oven to 350°F.
- Place wrapped Mini Cinnis on a sheet pan.
- Place in the oven for 5-7 minutes.
- Remove from the oven to cool before eating.

MICROWAVE OVEN:

- Place 1 pouch on high for 15 seconds.
- Add 5 second intervals if needed until warm.

Bacon Egg Cheese Calzone

For best results, thaw before cooking. Internal temp should reach 165°F.

CONVENTIONAL OVEN:

- Preheat the oven to 350°F.
- Place the breakfast pocket on a sheet pan.
- Heat for 11-13 minutes. Remove from the oven to cool before eating.

MICROWAVE OVEN:

- Heat on high for 2 minutes.

Muffintown Blueberry Muffin

Thaw before serving.

Pillsbury Cinnamon Toast Crunch Soft-Filled Breakfast Bar

CONVENTIONAL OVEN:

- Preheat the oven to 350°F.
- Place the pouch flat on a baking sheet and heat for 13-14 minutes.

MICROWAVE (FROM THAWED):

- Remove from pack, place on microwave-safe plate.
- Heat on high for 20 seconds. Let it stand 20 seconds.

Mini Eggo Confetti Pancakes

CONVENTIONAL OVEN:

- Preheat the oven to 350°F.
- Place frozen pouches (picture side up) on a baking sheet.
- Heat for 14-15 minutes.

CONVECTION OVEN:

- Preheat the oven to 350°F.
- Place frozen pouches (picture side up) on a baking sheet.
- Heat for 9-10 minutes.

Chicken, Beef & Cheese Kolache

CONVENTIONAL OVEN:

- Preheat the oven to 350°F.
- Remove the frozen package and place on a baking sheet.
- Bake for 12 minutes.

MICROWAVE:

- Remove from the package and place on a microwave-safe plate.
- Heat for 45-60 seconds.

Lunch Items

Turkey & Cheese Wedge Sandwich

- Hold in the refrigerator for 24 to 36 hours prior to serving for complete thawing. Keep refrigerated until served.

Anytimer Cheese Pizza Lunch Kit

- Hold in the refrigerator for 24 to 36 hours prior to serving for complete thawing. Keep refrigerated until served.

Pepperoni Stuffed Sandwich (Pizzaboli)

For best results, thaw before cooking. Internal temp should reach 165°F.

- Preheat convection oven to 325°F.
- Place frozen PizzaBoli on a parchment lined sheet pan and bake for 17 – 20 minutes.

Cheesy Hamburger Calzone

CONVENTIONAL OVEN:

- Cook for 11-13 minutes at 350°F or until internal temperature reaches 165°F.

MICROWAVE OVEN

- Cook for 1 1/2 – 2 minutes or until the internal temperature reaches 165°.

Chili Cheese Macho Burrito

For best results, thaw before cooking. Internal temp should reach 165°F. Place the burrito on a sheet pan with the seam of wrapper facing down and heat.

CONVENTIONAL OVEN: Preheat Oven to 300°F.

- Frozen: Heat for 19-21 min.
- Refrigerated: Heat for 11-13 min.

MICROWAVE OVEN

- Frozen: Heat on High for 50 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming.
- Refrigerated: Heat for 45 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 1 min. before consuming. Do not Fry.

Grilled Cheese

Product is Ready-to-Eat, but for a better experience, heat from a thawed state. Do not remove wrapper.

CONVECTION OVEN: (Thawed): 350°F 12 Minutes (Frozen): 350°F 18 Minutes

PB& J Uncrustable

- Thaw at room temperature for 30-60 minutes prior to serving.

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